

# Adenomyosis Symptoms



## Bowel

Irregular bowel movement  
Painful bowel movement  
Constipation  
Diarrhoea

## Bladder

Difficulties passing urine  
Passing urine frequently  
Sudden urge to urinate

## Period

Heavy menstrual bleeding  
Prolonged menstrual bleeding  
Blood clots  
Spotting between periods

## Pain

Severe menstrual cramps  
Abdominal pain  
Lower back pain  
Pain during intercourse  
Pelvic pain  
Pain radiating down legs  
Pains/aches in muscles  
Headaches  
Abdominal pressure  
Bloating/swelling  
Enlarged uterus  
Ovulation pain

## Other

Nausea  
Fatigue  
Infertility  
Mood swings  
Depression  
Insomnia