



Helpful phone numbers

<u>Organisation</u>	<u>Phone number</u>
Emergency services	999
NHS Direct	111
HEY Hospitals NHS Trust switchboard	01482 875875
Hull City Council	01482 300300
Hull NHS mental health support line	0800 138 0990
Samaritans	116 123
Hull Women's Aid	0800 048 9944
Let's Talk	01482 247111

