



HOSPITAL BAG



NAME & SURGERY DATE

Clothing & accessories	✓
Comfy knickers	
Socks	
Bras	
Nightie	
Comfortable loose clothing	
Slippers	
Dressing gown	
Bag to hold jewellery	

MISCELLANEOUS	✓
Peppermint tea/mints	
Notepad & pens	
Phone charger	
Pillow (for journey home)	
Snacks/drinks for after	

Toiletries	✓
Toothbrush & toothpaste	
Flannel	
Soap	
Deodorant	
Hair brush & bobbles	
Sanitary towels	
Non flammable lip balm	
Face wipes	
Moisturiser	

Miscellaneous	✓
List of medications	
Eye mask	
Earplugs	
Tissues	
Entertainment, eg a book	

Charity number 1208886