



# What's the difference?

## ENDOMETRIOSIS

Tissue similar to the endometrium implants in the pelvic cavity, or sometimes outside the cavity

Painful bowel movements

Nausea & vomiting

Painful urination

Full body disease

Incurable

Painful ovulation

## ADENOMYOSIS

Endometrium grow within the muscle wall of the uterus

Enlarged 'bumpy' uterus

Gynaecological disease

Curable with hysterectomy

Irregular menstrual cycle length

Back pain

Leg pain  
Fatigue  
Painful periods  
Shooting pains up rectum or vagina  
Painful intercourse  
Inflammatory disease  
Chronic pelvic pain

Bleeding between periods

Heavy periods  
Infertility  
Bloating

## PMOS

Hormonal condition involving androgens

Insulin resistance

Ovarian cysts

Hair loss or excessive hair growth

Endocrinological disease

Acne

Treatable with medication and/or lifestyle changes



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